PLANTING GUIDE

of the Sea to Sky

Climatic conditions vary throughout the Sea to Sky. Use this guide as a baseline to get you started in the garden, and customize with your own observations to tailor it to your unique growing situation. You can extend the growing season by using crop protection like row cover, grow tunnels, raised beds and wind barriers.



VEGGIES	Winter			Spring			Summer			Fall		
	J	F	М	Α	М	J	J	Α	S	0	Ν	D
Arugula												
Broad Bean												
Beans, bush & pole												
Soya Beans												
Beets												
Broccoli												
Broccoli, Overwinter												
Brussel Sprouts												
Cabbage												
Cabbage, Overwinter												
Carrots												
Cauliflower												
Cauliflower, Overwinter												
Celery/Celeriac												
Corn												
Corn Salad												
Cress												
Cucumbers												
Eggplant												
Endive **												
Garlic												
Kale/Collards 🌟												
Kohlrabi												
Leeks												
Lettuce												
Mustard Greens												
Onion												
Parsnips												
Peas												
Peppers												
Radish												
Rutabaga												
Scallions												
Spinach 🌞												
Squash												
Swiss Chard												
Tomatoes 🌞												
Turnip												

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HERBS	Winter		Spring			Summer			Fall			
	J	F	М	Α	М	J	J	Α	S	0	N	D
Basil 🌞												
Catnip (P)												
Chamomile												
Chives (P)												
Cilantro												
Dill												
Fennel												
Lavender (P)												
Lemon Balm (P)												
Mint (P)												
Oregano (P)												
Parsley												
Sage (P)												
Savory (P)												
Shiso												
Sweet Cicely/Chervil (P)												
Tarragon (P)												
Thyme (P)												

FROST	Squamish	Whistler	Pemberton	Lillooet
first average frost	OCT 5	SEPT 21	SEPT 21	SEPT 1
last average frost	MAY 7	MAY 23	APRIL 30	MAY 10

While bears are a part of our natural environment, we don't want to invite them into our yards with landscaping that provides them with food. Backyard fruit-bearing trees and shrubs are an easy source of calories for a bear. Once bears learn where the food is, they are likely to return time and again. Homeowners are responsible for the management of wildlife attractants in their yard. Please visit your local governments website to learn about bylaws, guidelines and resources to ensure you are mitigating human and wildlife conflicts.

For additional regional growing resources visit squamishcan.net/growfood squamishfoodpolicycouncil.com

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